

Exigo

• STRENGTH • FUNCTIONAL • BOXING •

IF YOU ARE
consistent
YOU WILL GET IT.
IF YOU ARE
consistent
YOU WILL KEEP IT.



STRENGTH SHOP
FOR ALL YOUR STRENGTH TRAINING NEEDS

2018 STRENGTH BROCHURE

www.strengthshop.ch

Welcome to Exigo

Since 1995 Exigo has been at the forefront of fitness equipment manufacturing and have become a leading global manufacturer of functional & strength training equipment, as well as being a leading supplier of boxing equipment. We are extremely proud of our British heritage and commitment to excellence.

Strength | Functional | Boxing

Our extensive product range includes, strength, functional, elite performance and boxing equipment. Whether it's a full commercial gym fit-out or a one-off piece of equipment, Exigo offers the complete end-to-end solution across design, manufacture and installation.

Designed & Manufactured in the UK

We are proud to manufacture from our wholly owned UK factory in Rochdale, Manchester. We are recognised for our expertise, innovation, design and manufacturing of quality of strength, functional and boxing training equipment – all produced using the finest quality materials compliant with current EN20957 exercise equipment industry standards. Exigo is also ISO 9001-2008 certified.

Choice & Flexibility

We work in partnership with our customers to ensure that we give them exactly what they need. Helping them to personalise and customise products to suit their individual requirements. They tell us that the level of choice and flexibility we provide is 'unrivalled in the fitness industry'.

Operational Excellence & Industry Experience

Exigo have the privilege of working with some of the leading international distributors of commercial fitness equipment as well as individual fitness facilities and gym operators – all are equally as important to us. They all value the exceptional quality of our products, our industry knowledge and experience and the friendly service they receive from every individual in our team.

Innovative & Forward Thinking

We are led by a young and forward thinking management team that is constantly in touch with customers, the market, sports science and the community. We are committed to manufacturing our products in the UK. Our culture of continuous improvement, innovation and learning permeates the entire organisation and means that we never stand still. We actively seek to collaborate with like-minded individuals and organisations who share our values and passion for success.



ThereAreNoLimits.

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ABOUT EXIGO

THE COMPLETE END TO END SOLUTION

Exigo, established in 1995, has maintained a solid industry reputation for innovative design concepts, structural reliability and biomechanical accuracy. In total we manufacture over 300 products suitable for any commercial environment. This includes single station-selectorised machines as well as specialty free weight training equipment, lifting platforms, functional training rigs, unrivalled storage solutions and an entire range of boxing equipment.

We are extremely proud to be able to supply some of the leading International distributors of commercial fitness and gym equipment. Exigo maintains a reputation for some of the highest standards of design, innovation and development in the fitness, boxing and functional training arenas. We share our passion for excellence in quality and customer service.

**SMARTER.
HARDER.**



MANUFACTURING EXCELLENCE

DESIGN / DEVELOPMENT / INNOVATION

Our in house designers have access to the latest high end 3D CAD Design Software which delivers powerful design functionality with the intuitive user interface to speed the design process. This allows the seamless transition of new ideas into great innovative products. We constantly strive to enhance our products, monitor fitness trends and patterns, with the aim of maintaining our position at the forefront of the fitness manufacturing sector.

QUALITY CONTROL

All of our products are subject to rigorous in house testing, including strength and load testing, this ensures they are fit for purpose and function to meet the demands and expectations of our customers. Here at Exigo our procedures ensure that our in house manufactured products or performed service adheres to a defined set of quality criteria and meets the requirements of our clients.

INVESTMENT IN MANUFACTURING

In 2015, Exigo teamed up with The Manufacturing Advisory Service (MAS), part of the Business Growth Service, a government backed service offering support to businesses with the capabilities to develop and grow. We're working on the ground with management teams to plan long-term strategies, improve processes, bring new products to market and develop supply chains, with the aim of enhancing the customer experience.

With our new in house box manufacturing facilities we are able to create the ideal packaging for all our products. Improving product protection and eliminating excess waste. Our products are now designed to ship flat packed, creating the opportunity for multi-unit shipments with greatly reduced shipping volume. Greatly reducing the environmental impact and carbon footprint

INDUSTRY STANDARDS

Since June 2014 Exigo has attained ISO 9001:2008 certification. This is a standard based on a number of quality management principles including a strong customer focus, the motivation and implication of top management, the process approach and continual improvement.

Exigo maintains a reputation for some of the highest standards of design, innovation and development in the fitness, boxing and functional training arenas. We share our passion for excellence in quality and customer service.

Exigo are certified - ISO 9001:2008, ISO 20957-1:2013, EN957-2:2003, EN957-4:2006+A1, ISO 9227:2012, the highest level of classification for commercial training facilities.

All new products developed and innovated by Exigo are based on the requirements of the current legislation and standards surrounding ISO EN20957 and EN957 for stationary training equipment, strength training equipment and supplementary requirements for stationary training benches.



OUR MISSION

A GREAT CUSTOMER EXPERIENCE

We aim to provide a source of quality products and services that meets or exceeds your expectations. At Exigo, we value your custom.

You will find Exigo to be among the leading suppliers of products, product support and services available in the industry today, yet

We are committed to:

- Operational excellence and superb product quality
- Manufacturing in the UK at our own facility
- Continuous improvement and product innovation
- Delivering superior levels of customer service
- Communicating effectively and efficiently – even when it's bad news!
- Investing time, energy and resources in our business relationships
- Not cutting corners to win contracts
- Investing in training and development for our staff
- Being constantly in touch with our customers, markets and communities
- Acting in a socially responsible manner at all times in everything we do

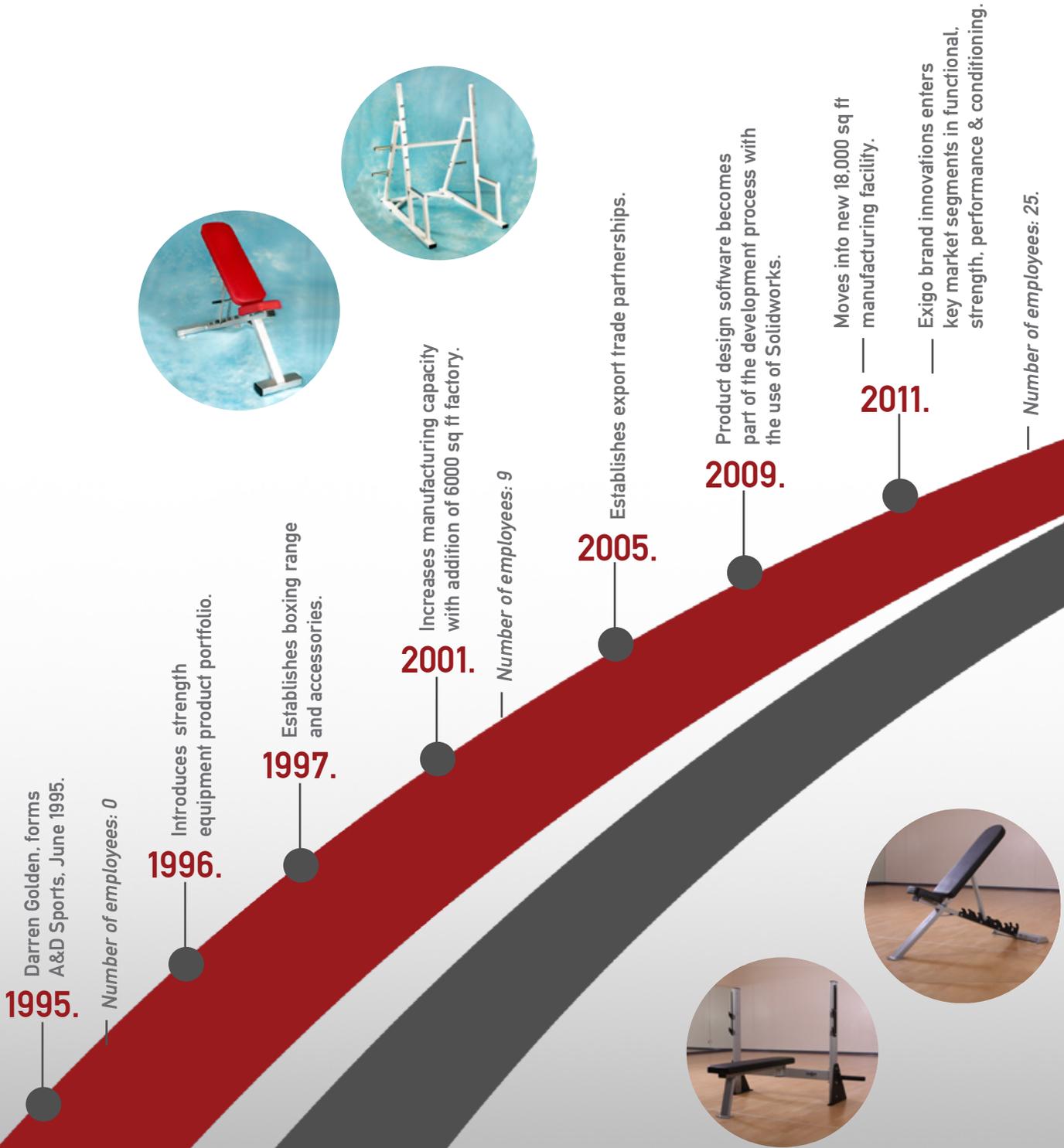
We offer a comprehensive range of customisation options that is unrivalled in the fitness industry. From paint and upholstery colours, to custom frame sizes, our talented team can design and manufacture to fit your individual needs.



Certified
EN ISO 20957 - 1/2/4
EN957 Class SA
ISO 9227

OUR HISTORY

ESTABLISHED 1995: SERVING THE FITNESS INDUSTRY FOR OVER 20 YEARS.





2012. Exigo first exhibits at FIBO. The largest international trade fair for fitness, wellness and health.

2013. Exigo continues to enhance it's international trade partners within the UK and export markets.

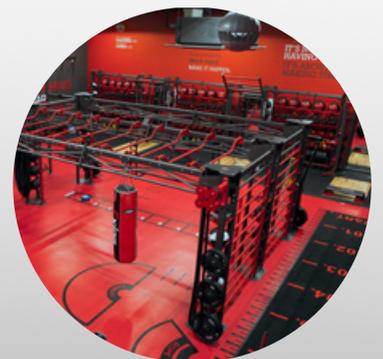
2014. Continued expansion of the manufacturing facility to 25,000 sq ft. ISO 9001 : 2008 certification.

2015. Exigo teams up with The Manufacturing Advisory Service (MAS). Improves manufacturing efficiencies.

2016. Exigo invests in box manufacturing machine. Greatly improves shipping economies and export business.

Number of employees: 40+

2017. January 2017, Exigo opens 5000 sq ft showroom and R&D facility. Exigo proud to announce EN ISO 20957-1/2/4, EN957 Class SA & ISO 9227 certification.



A MESSAGE FROM OUR MANAGING DIRECTOR

"From humble beginnings I am proud to lead Exigo into an exciting future. Exigo are recognised as a major source of quality manufactured products within the fitness industry.

As we embark upon an exciting journey, Exigo continue to embrace its roots while at the same time meeting challenges of the modern Fitness arena.

Focussing upon the design, innovation and development of new products that have helped Exigo deliver an unrivalled success through the global markets."

Darren Golden
Exigo-UK

ThereAreNoLimits.

WORLDWIDE DISTRIBUTORS

EXIGO, SUPPLYING OVER 20 COUNTRIES AND GROWING



We are extremely proud to be able to supply some of the leading International distributors of commercial gym and fitness equipment.

At Exigo, we pride ourselves on being at the forefront of development and distribution of commercial fitness products. Exigo has established a network of distribution throughout the world, in some 25 countries and we continue to recognise the ever-changing and expanding marketplace.

At Exigo, we are so confident our equipment, sales representatives and customer service are the best in the business, and we guarantee them.

Each year since our inception (22 years), many new products and developments have occurred. We have established ourselves as one of the finest and most complete fitness equipment manufacturers. Today is no exception.

Exigo, a supplier of quality exercise equipment, a world leader, has modern plant facilities and extensive research and development facilities. All export operations, co-ordination and shipping is administered through our corporate headquarters in the UK. Comprehensive delivery, installation and service plan - supported world-wide by a network of internationally

IF IT CHALLENGES YOU
IT WILL

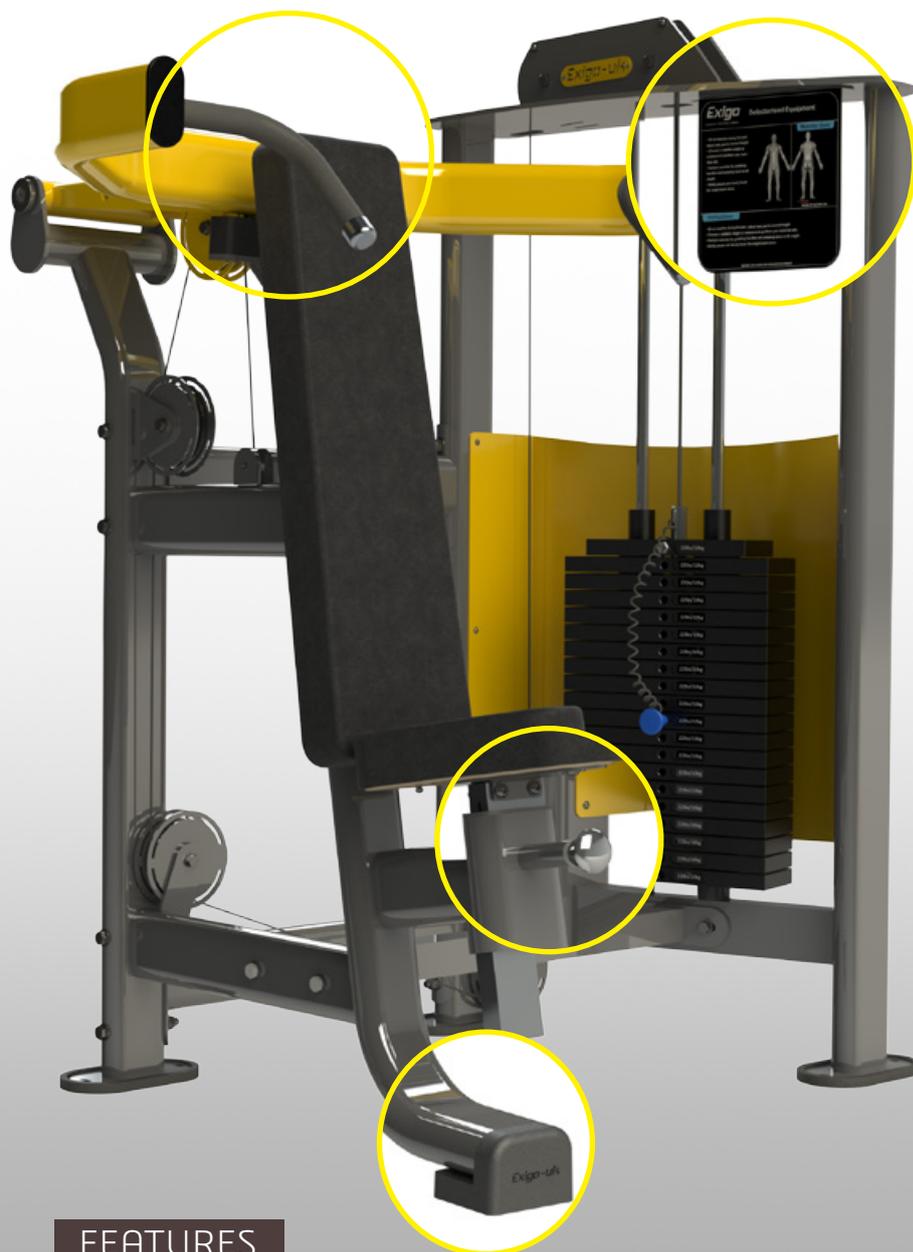
Stay positive.
Work hard.
MAKE IT HAPPEN



SELECTORIZED SERIES.



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Standard Colour Options - See Page 82



SelectORIZED Series

Exigo's selectorized machines combine attractive, innovative design with outstanding quality and performance.

The variable incremental weight option, provides smaller resistance increases and numerous load options.

Selectorized machines are often used as a convenient alternative to free weight equipment, such as dumbbells and barbells. They successfully isolate muscles and provide resistance in a fixed plane of motion, in a safe and efficient manner.

All Exigo selectorized machines come complete with illustrations and detailed instruction plaques to assist the user.

FEATURES

- Instruction Plaque
- Quick & Easy Adjustments
- Accurate Fit
- 5kg Incremental Weights
- Comfort Grip Handles
- Ergonomically designed Upholstery
- Durable Polyester Powder Coated Finish
- Mainframe & Weld Lifetime Guarantee



CHEST PRESS

1005

The Exigo Chest Press strengthens and tones the pectoral muscles in a controlled, effective and safe way. Its ergonomic design provides a natural feel of movement and keeps the user in a comfortable, yet safe position throughout the whole range of motion.



100KG



INCLINE CHEST PRESS

1010

Comfortable, safe and easy to use, the Exigo Incline Chest Press successfully delivers a motion which imitates natural movement. This guarantees optimal development of the pectorals and deltoids, while also improving upper torso stability.



100KG



SHOULDER PRESS

1015

The Exigo Shoulder Press successfully targets and helps train the user's deltoids and triceps, using a linear path of motion for the most comfortable and beneficial workout. Regular use of this machine guarantees protection of the shoulder joints.



100KG





LATERAL RAISE

1020

The Exigo Lateral Raise features a natural pivot motion to effectively target the deltoid muscles and help the user to achieve superior results. Manufactured to withstand the conditions of a busy commercial gym environment, it boasts a high quality finish and robust frame with long lasting upholstery.



75KG



PECTORAL FLY

1025

The Exigo Pec Deck is designed to help users develop a strong chest, to improve muscular endurance and power. This machine is built using only premium components to enable smooth movement, providing the user with a great workout experience.



100KG



PECTORAL FLY REAR DELTOID

1030

The Exigo Rear Delt / Pec Fly is a combination machine, used to specifically target and build the rear deltoid and pectoral muscles. It is precision designed and engineered to withstand the busy conditions of a commercial gym environment and give the user optimum workout results.



100KG



LATERAL PULLDOWN

1035

The Exigo Lat Pulldown is designed and manufactured to provide optimum seat placement, to ensure comfortable and correct alignment during exercise. Thoughtfully engineered, this machine boasts cushioned thigh pads for additional comfort and longer training sessions.



125KG



DUAL CABLE LATERAL PULLDOWN

1036

The Exigo Dual Lateral Pulldown allows for independent arm movements. Designed and manufactured to provide optimum seat placement, ensuring comfortable and correct alignment during exercise. Thoughtfully engineered, this machine boasts cushioned thigh pads for additional comfort and longer training sessions.



125KG



LATERAL PULLOVER

1040

The Exigo Lat Pullover is primarily used to train the lateral muscles but also works the chest, shoulders and triceps. This machine will certainly help the user to achieve superior results, as the pullover is one of the best exercises to build bigger and stronger lats.



125KG





LATERAL LOW ROW

1045

Targeting the lats, deltoids, biceps, triceps, pecs, rhomboids and core abdominals, the Exigo Lat Low Row delivers an effective cardiovascular workout that tones the physique and increases fitness levels.



125KG



LATERAL SEATED ROW

1050

The Exigo Seated Row is designed to target and strengthen the muscles in the back. This machine also helps to develop the upper pecs, deltoids, triceps and core abdominals. The adjustable seat and chest pad enable the user to find the best range of motion to suit his / her body profile and achieve the most beneficial workout.



100KG



LATERAL PULLDOWN LOW ROW COMBINATION

1055

The Exigo Lat Pull / Low Row Combo is intended to target and strengthen the muscles in the back, chest and arms, offering variety for any workout. Ergonomically designed, the positioning of the overhead cable isolates the lateral muscles and creates a superior downward pulling exercise.



125KG



ASSISTED CHINNING DIPPING STATION

1060

Chin ups and dips are very popular and effective exercises that will specifically target the muscles in the arms, chest, shoulders, back and core. Complete with comfortable padded kneeling support and multi grip handles, the Exigo Assisted Chin / Dip Station allows the user to train comfortably for longer. Non-slip foot platforms aid safe entry to and exit from the machine.



100KG



BICEP CURL

1065

The Exigo Bicep Curl is one of the most efficient ways of isolating the biceps. This machine is ergonomically designed for the most beneficial workout. It pivots correctly at the elbow joint for an anatomically truthful motion, a laser cut cam creates an optimal load curve and the pivoting hand grip allows for natural hand positioning and less strain on the wrist joints.



75KG



TRICEP EXTENSION

1070

Training the triceps is crucial for anyone looking to gain strong, powerful arms. The Exigo Tricep Extension makes this process a real pleasure, by delivering truthful biomechanics and features to give the user the most beneficial workout. A height adjustable seat allows for perfect user positioning and multi grip handles ensure a comfortable training session.



75KG





TRICEP PRESS

1075

The Exigo Tricep Press provides an effective and safe way of working the triceps for complete beginners or seasoned athletes. The soft feel, easy grip handles mean that training sessions can last that little bit longer. Perfect for any gym, or training facility.



100KG





LEG EXTENSION

1100

The Exigo Leg Extension isolates and trains the quadriceps in a safe and efficient manner. This machine provides six different starting positions and all adjustments are available from the exercise position. Helps prevent injuries around the delicate knee joint and improves functionality of the legs.



100KG



SEATED LEG CURL

1105

The Exigo Leg Curl maintains a high quality finish, when compared to most other seated leg curl machines on the market. Used to build and strengthen the hamstrings, it possesses durable upholstery and a robust frame, with a comfortable back rest and shin pad - adjustable for optimum user positioning.



100KG



LYING LEG CURL

1110

The Exigo Lying Leg Curl is ergonomically designed. Its angled bench isolates the hamstrings to ensure users get the optimum workout. This machine features adjustable leg pads for correct user positioning, along with hand grips for extra stability.



100KG





LEG EXTENSION LEG CURL COMBINATION

1115

This space saving machine can be used to target both the hamstrings and quadriceps. Its angled bench gives users the most beneficial workout when targeting the hamstrings. It also features an adjustable leg pad to enable correct user positioning, along with hand grips for increased stability.



STANDING LEG CURL

1120

Unlike the Exigo Seated Leg Curl, this machine allows you to train each leg alternatively for balanced results. Its raised footplates provide users with ample clearance throughout exercise. It also features an adjustable roller pad to accommodate various user profiles, along with a grip bar for increased stability.



SEATED LEG PRESS

1125

The Exigo Seated Leg Press is intended to deliver a more intense workout to the hamstrings, quadriceps, calves and glutes. The wide footplate and handles provide added stability for improved performance, whilst adjustable start positions accommodate various user sizes.





RECUMBENT LEG PRESS

1130

The Exigo Lying Leg Press is a simple yet effective and efficient way of working the larger leg muscles. Regular use of this machine will prevent users from injury. A comfortable angled back pad helps distribute the weight more evenly, reducing the load transferred through the spine.



150KG



SEATED CALF RAISE

1135

It can be difficult to practice strengthening the calves due to stronger muscles taking over. This machine is an effective and efficient way of isolating the calf muscles. Needed in all sports and in everyday life, the calves are important for powerful movement and correct posture. Conveniently placed side handles provide extra support and stability.



100KG



STANDING CALF RAISE

1140

Similar to the Exigo Seated Calf Raise, this machine specifically targets the calf muscles; vital for explosive power and speed. The Exigo Standing Calf Raise will help users to improve athletic performance, correct posture and reduce the risk of injury. User friendly and perfect for any training facility.



150KG





GLUTE MACHINE

1145

The Exigo Glute Machine is ideal for gluteal muscle isolation. The exercise involves swinging the leg backwards and is performed one leg at a time. The glutes play an important role in the body's alignment. They operate together to extend, rotate and abduct the hip and are the biggest and most powerful muscles in the body.



100KG



HIP ADDUCTOR ABDUCTOR COMBINATION

1160

Comfortable and easy to use, the Exigo Hip Adductor / Abductor Combo is the perfect way to tone the inner and outer thighs, build strength and increase flexibility. The padded seat and back rest offer additional support and comfort allowing training to take place for longer. A superb space saving unit that is perfect for any gym or training facility.



100KG



ROTARY HIP

1165

Work your quads, glutes, hamstrings, adductors and abductor muscles from a standing position with the Exigo Rotary Hip. Exercising from a standing position encourages a greater range of movement, so all the muscles of the legs and hips, including important stabilising ones, are worked more intensely.



100KG



ABDOMINAL MACHINE

1200

The Exigo Ab Machine is perfect for targeting the abdominal muscles. This machine creates a safe, comfortable exercise experience. It allows the core to be trained without any discomfort and the seated position creates a natural crunch movement, without any restrictions.



100KG



BACK EXTENSION

1205

The Exigo Back Extension is perfect for isolating and strengthening the back muscles. One of the most common discomforts people suffer from is back pain. Incorporating back extension exercises into any fitness regime, will strengthen important stabilising muscles in the back. In turn, this helps to ensure correct spine alignment, reduce the risk of back pain, improve posture and protect against injuries.



100KG



BACK EXTENSION / ABDOMINAL COMBINATION

1210

The Exigo Back Extension / Abdominal Combo is a dual-function machine, ideal for targeting the back and abs safely and efficiently. This machine features an adjustable seat and roller, plus a non-slip footplate for extra support and stability.



100KG



NEW
 • STRENGTH • FUNCTIONAL • BOILING •
 SEE WEBSITE
 FOR DETAILS

ABDOMINAL TWISTER

1215

The abs are a vital part of the body's core, the Exigo Abdominal Twister is ideal for strengthening these important muscles. Built using only premium components this training station is a pleasure to use due to its smooth movements.



ADJUSTABLE CABLE CROSSOVER

1220

The Exigo Cable Crossover is ideal for a safe and efficient full body workout. It offers users multiple exercises and training programs and is instrumental in helping to strengthen and tone muscles in the upper and lower torso.



ADJUSTABLE HIGH / LOW PULLEY

1225

The Exigo High / Low Pulley is a multi-function machine that provides the user with a variety of different exercises. The cable module gives the user options to adjust the height of the pulley, while the smooth release karabiners allow for a quick and simple attachment change.





DUAL ADJUSTABLE PULLEY

1230

The Exigo Dual Adjustable Pulley is an exceptional space saving multi-function machine. It combines all the functionality of a cable crossover, from a much smaller footprint. Ideal for a safe and efficient total body workout and built to survive a busy commercial gym environment.



LOW ROW FOOT PLATE ATTACHMENT

1231

Optional attachment for Dual Adjustable Pulley to perform low row exercise.

FUNCTIONAL TRAINER

1235

Versatility is the key with the Exigo Functional Trainer, offering numerous full body training options with incremental weight selections to accommodate all levels of user. Complete with independently moving arms so individual muscle groups can be isolated. Limitless training applications make this the ideal multi-function unit for the modern CrossFit or conditioning facility.



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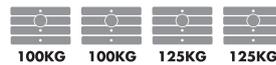




4 STATION JUNGLE GYM

1240

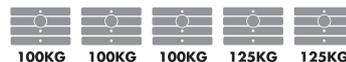
The Exigo 4 Station Multi-Gym is an impressive multi-function machine made up of two adjustable cable columns, a low row and lat pull down. Perfect for all commercial gyms and professional sports facilities, this space saving unit offers multiple training programs and exercises.



5 STATION JUNGLE GYM

1245

The Exigo 5 Station Multi-Gym is an exceptional multi-function unit. It is made up of three adjustable cable columns - two of which form an adjustable cable crossover, a low row, lat pull down and a chinning bar. Perfect for all commercial gyms and professional training facilities, this space saving machine offers multiple training programs and exercises.



8 STATION JUNGLE GYM

1250

The Exigo 8 Station Multi-Gym is an incredible multi-function unit. It is made up of four adjustable cable columns - two of which form an adjustable cable crossover, 2 low rows, 2 lat pull downs and a chinning bar. Perfect for all commercial gyms and professional training facilities, this space saving machine offers multiple training programs and exercises.





PLATE LOADED SERIES



Certified
EN ISO 20957 - 1/2/4
EN957 Class SA
ISO 9227



Standard Colour Options - See Page 82



PLATE LOADED SERIES

Designed and manufactured to deliver, our exceptional plate loaded machines aim to replicate the feeling of using free weights but in a much safer environment.

Renowned for our superior biomechanics, Exigo offers a huge range of unrivalled plate loaded equipment, focusing on upper body, lower body and ground based workouts.

Our Plate Loaded range is user friendly and accommodates users of any size. These are superior machines that meet the diverse needs of both gym novices and elite athletes.

ISO ISO-LATERAL

Exigo's ISO lateral technology delivers some of the smoothest converging and diverging arcs of motion in the industry. This innovative technology allows users to move both limbs at the same time, or individually.

FEATURES

- Smooth ISO Lateral Movement
- Quick & Easy Adjustments
- Ergonomically designed Upholstery
- Durable Custom Moulded Feet
- Comfort Grip Handles
- Linear Bearings
- Durable Polyester Powder Coated Finish
- Mainframe & Weld Lifetime Guarantee



CHEST PRESS

3000

The Exigo ISO Lateral Chest Press is the perfect machine to hit all areas of the chest and triceps. The trajectory of the handles converge during movement providing a natural arc of motion and increased range. This machines compact footprint ensures space is maximised within any gym or training facility.

ISO



INCLINE CHEST PRESS

3005

The Exigo ISO Lateral Incline Chest Press delivers the smoothest converging and diverging arcs of motion in the industry. This allows users to move both limbs at the same time, one at a time or alternating. Designed to target the upper chest, this exercise is started from a wide grip position, the arms are then pressed forwards and inwards following the body's natural converging arcs.

ISO



DECLINE CHEST PRESS

3010

The Exigo ISO Lateral Decline Chest Press delivers the smoothest converging and diverging arcs of motion in the industry. This allows users to move both limbs at the same time, one at a time or alternating. Designed to target the lower chest and manufactured to the highest quality for ultimate performance.

ISO





FLAT CHEST PRESS

3015

The Exigo ISO Lateral Flat Chest Press delivers the smoothest converging and diverging arcs of motion in the industry. This allows users to move both limbs at the same time, one at a time or alternating. ISO lateral technology contributes to balanced muscle development for both sides of the user's body.

ISO



SHOULDER PRESS

3020

The Exigo Shoulder Press successfully targets and helps train the user's deltoids and triceps using a linear path of motion for the most comfortable and beneficial workout.

ISO



FRONT PIVOT SHOULDER PRESS

3025

The Exigo ISO Lateral Shoulder Press uses ISO lateral technology to deliver the smoothest converging and diverging arcs of motion in the industry. Features an angled back pad for improved stability during heavy lifts which also helps discourage hyper-extension of the spine during exercise.

ISO



LATERAL RAISE

3030

Targeting the lateral and deltoid muscles, the Exigo ISO Lateral Raise uses ISO lateral technology to provide a natural path of motion which replicates lateral free weight exercises. Complete with a comfortable back pad and adjustable seat for correct user positioning.

ISO



LOW ROW

3035

The Exigo ISO Lateral Low Row is designed to replicate the feeling of using free weights. Mirroring the standard pulling movement towards the user's chest, the Low Row is efficient in working the latissimus dorsi, biceps, trapezius and posterior deltoids muscles.

ISO



HIGH / LOW ROW

3040

The Exigo ISO Lateral High Low Row is designed to replicate the motion of a bend-over dumbbell row and has independent movement and diverging pulling angles to increase the range of motion of the exercise. The unsupported movement of the Low Row engages lower back and core to improve balance and functional strength. Complete with a chest pad for correct user positioning and improved stability.

ISO





LATERAL PULLDOWN

3045

Perfect for any training facility the Exigo ISO Lateral Lat Pulldown targets the latissimus dorsi along with various other important muscles. One of the larger muscle groups in the body, the latissimus dorsi is essential for helping your body conduct a variety of upper body movements such as adduction, extension and internal rotation of the shoulders.

ISO



T-BAR ROW CHEST SUPPORT

3050

The T-Bar Row movement targets every major muscle group in the back, while also working the shoulders and biceps. Despite its considerable benefits, this movement sometimes gets overlooked simply due to the inconvenience of setting up a row station. This machine eliminates that problem and provides a comfortable chest pad for support.



T-BAR ROW STANDING

3055

The T-Bar Row movement targets every major muscle group in the back, while also working the shoulders and biceps. Despite its considerable benefits, this movement sometimes gets overlooked simply due to the inconvenience of setting up a row station. This machine eliminates that problem. Features a large anti-slip platform for increased grip and stability.



PULLOVER

3060

Ergonomically designed with an angled seat at 30 degrees to provide optimal user stability. Counterbalanced movement arm decreases initial starting weight. The degree of shoulder extension is reduced to minimize the stress of the shoulder joint.



SEATED BICEP CURL

3065

The Exigo ISO Lateral Seated Bicep Curl is the perfect way of safely isolating the biceps and completing an effective workout similar to free weights. The compact design means this machine will fit almost anywhere, incorporated weight horns offer storage for Olympic plates.



SEATED DIP

3070

The Exigo Seated Dip is designed to fully activate the triceps and pectoral muscles with the best workload distribution. This machine ensures correct exercise movement.





4 WAY NECK MACHINE

3075

The Exigo 4 Way Neck Machine safely and effectively trains anterior, posterior and lateral flexion. The comfortable head pad rotates to maintain optimal positioning throughout every range of motion. Adjustable seat for correct user positioning.



SEATED / STANDING SHRUG

3080

The Exigo Seated & Standing Shrug has a unique design that allows users to perform either the seated or standing exercise. Handles appropriately positioned by the user's side to provide better alignment of the Trapezius muscles. Exercising from a seated position provides greater stabilisation.



GRIPPER

3085

The Exigo Gripper is designed to improve forearm, wrist and grip strength for elite sports, rehabilitation and general wellness. A must for any commercial gym or professional training facility.



SHRUG FRAME

3090

Great alternative to conventional Olympic bar or hex bars for deadlifts or shrugs. Load is placed in line with the body, encouraging you to stay upright, and placing more of the load on your legs than your back.





LEG EXTENSION

3100

The Exigo ISO Lateral Leg Extension is an exceptional machine targeting muscles in the lower limbs. ISO Lateral technology allows independent leg training for equal strength development. Angled seat facilitates proper exercise position while appropriately placed side handles provide additional stability.

ISO



STANDING LEG CURL

3110

The Exigo Iso Lateral Standing Leg Curl is a fantastic piece of plate loaded equipment targeting muscles in the lower limbs. Unique offset pivot accommodates wide range of user heights. Compact low-profile design minimizes floor space requirements. Angled chest pad, hip pad and contoured handgrips facilitate proper exercise position.

ISO



LEG PRESS

3115

The Exigo ISO Lateral Leg Press is an advanced strength training station targeting the Quad's and Hip Flexors. Featuring large foot plates and a fully adjustable starting position to accommodate all users.

ISO



POWER RUNNER

3120

Build ultimate leg and glute power with the Exigo ISO Lateral Power Runner. ISO lateral technology delivers the smoothest converging and diverging arcs of motion in the industry.

ISO



45 DEGREE LEG PRESS

3125

The Exigo 45 Degree Leg Press provides optimum performance and durability. Complete with dual-position catchers to allow different starting positions, comfortable back pad, wide non-slip foot plate for secure placement and stability. Two weight horns as standard.



45 DEGREE LEG PRESS UNDER CARRIAGE ATTACHMENT

3126

Allows for an additional 400kg load capacity on the 45 Degree Leg Press.





45 DEGREE HACK SQUAT

3130

The Exigo 45 Degree Hack Squat is perfect for strengthening the quads. Angled at 45 degrees to reduce stress to the knees, featuring convenient handles, angled head-pad and a large anti-slip footplate. High quality 40mm linear bearings and chromed bar create a smooth operation. Various start positions to suit different users. Olympic weight horns fitted as standard for optimum storage capacity.



VERTICAL LEG PRESS

3135

The Exigo Vertical Leg Press is designed for accelerated development of quads, hamstrings, glutes and calves without putting stress on your lower back. Features comfortable pads for full lumbar and neck support, conveniently placed handles for further support and weight horns for Olympic plate storage.



V SQUAT

3140

The Exigo V Squat is different from a standard leg press or hack squat in that it is much safer as a spotter isn't required. Key focus on the quadriceps and offers a more natural squatting motion. This new revolutionary design reduces back and knee strain through a curved arc of motion.



SEATED CALF RAISE

3145

The Exigo Seated Calf Raise is perfect for engaging the calf muscles. Weight horn is angled for easier loading/unloading of Olympic plates. Thigh pad is adjustable to accommodate various user profiles. Textured powder-coated footplate provides a highly durable surface for users.



DONKEY CALF RAISE

3150

The donkey calf raise is simply one of the best exercises for developing the calves. This exercise is performed in a bent-forward position. Your upper body is leaning over at 90 degrees and is horizontal while your lower body remains vertical. The Exigo Donkey Calf Raise is a must for any gym.



REVERSE HYPER EXTENSION

3155

The Exigo Reverse Hyper Extension is perfect for lower back, glute and hamstring development. Supporting elbow pads and handles to ensure stability and controlled gluteal isolation. Single rear kick movement to maximise results and safety.





BODY DRIVE

3160

The Exigo ISO Lateral Body Drive also known as a “Jammer” is a hugely effective training machine. This product promotes functional training and mimics the “pushing, upward thrusting” motion. Not specific to isolated muscle groups but rather an explosive whole body reaction. Allows for unilateral or bilateral training.



SHRUG / DEAD LIFT

3165

The Exigo ISO Lateral Shrug / Dead Lift is one of the most versatile machines in the plate loaded range. It allows users to work both the upper and lower body as they do deadlifts, trap shrugs, squats, and weighted lunges. Multiple handles allow users to face inward or outward for various exercises. Non slip base platform for stability.



LUNGE

3170

The Exigo ISO Lateral Lunge is a multi-functional machine that allows the user to perform numerous exercises including; squats, lunges, shrugs, and dead lifts. Multiple handles allow for various starting positions.



SMITH MACHINE COUNTER BALANCE

3175

This superb Exigo Counter Balance Smith Machine has a low starting resistance which accommodates all users. Counter-balanced design significantly reduces the weight of the bar making this the perfect machine for beginners. The stainless steel pins minimise wear and tear, high quality linear bearings produce a smooth, quiet operation. 30mm solid linear precision bar. Frame angled at 5 degrees for a bio mechanically correct motion.



SMITH MACHINE

3180

The Exigo Smith Machine features high head clearance and a clean walk through design. The stainless steel pins minimise wear and tear, high quality linear bearings produce a smooth, quiet operation. 30mm solid linear precision bar. Frame angled at 5 degrees for a bio mechanically correct motion.



Stay positive.
Work hard.
MAKE IT HAPPEN



ThereAreNoLimits.

IT'S ABOUT
MAKING TIME



BENCHES & RACKS



Certified
EN ISO 20957 - 1/2/4
EN957 Class SA
ISO 9227

Standard Colour Options - See Page 82



BENCHES & RACKS

Our industry leading range of benches and racks are perfect for free weight, body weight, and strength based workouts. Combining stylish ergonomic designs with precision engineered components and featuring appropriate pad and support positioning for comfortable and efficient workouts.

Designed and constructed to withstand the rigors of intense training workouts weather you're a professional weight lifter or a novice.

Exigo's Benches & Racks meet industry standards for durability and quality.



FEATURES

- Quick & Easy Adjustments
- Chrome Bar Catchers
- Durable Custom Moulded Feet
- Heavy Duty Footplates
- Ergonomically designed Upholstery
- Durable Polyester Powder Coated Finish
- Mainframe & Weld Lifetime Guarantee



OLYMPIC FLAT BENCH

2000

Suitable for Olympic weight lifting, the Exigo Olympic Flat Bench is precision engineered from top grade flat oval steel and durable upholstery. Low Bench and recessed area for spotter and optimal workouts. A stylish addition to any gym.



OLYMPIC INCLINE BENCH

2005

Suitable for Olympic weight lifting and additional incline exercises, this commercial Exigo Olympic Incline Bench is precision engineered from top grade flat oval steel and durable upholstery. Fully adjustable for height selection and recessed area for spotter and optimal workouts.



OLYMPIC DECLINE BENCH

2010

Offering a safe and comfortable Olympic weight lifting experience, this commercial Exigo Olympic Decline Bench is perfect for a variety of decline exercises, complete with high density foam padded rollers for leg support and footplates for spotting.





OLYMPIC ADJUSTABLE MULTI BENCH

2015

Robust and durable the Exigo Olympic Adjustable Multi Bench incorporates 7 positions of adjustment ranging from -5 to 80 degrees over inclines, flat & decline options. Complete with spot platform for optimised safety, weight plate storage and a bench guide rail for prime positioning.



OLYMPIC SHOULDER PRESS BENCH

2020

The Exigo Olympic Shoulder Press Bench is ideal for any strength or conditioning environment. Featuring two weight catchers, a multi adjustable seat and footplates for spotting, this machine provides optimal position for shoulder presses.



OLYMPIC MILITARY PRESS BENCH

2025

A great addition to any gym, the Exigo Olympic Military Press Bench is perfect for military shoulder lifts (behind neck) or shoulder presses (to front) and has dual catchers for both exercises. Incorporates multi height seat and footplates for spotting.



OLYMPIC SQUAT RACK

2030

Introducing the Exigo Olympic Squat Rack, with a contemporary design to fit in with today's gym environments. Precision engineered from high grade steel and supplied with six position bar catchers and six weight horns for Olympic plate storage.



OLYMPIC INDEPENDENT SQUAT STANDS

2040

The Exigo Independent Squat Stands offer complete flexibility for your lifting requirements and are suitable for both commercial and home use. Can be used in isolation or sited in power rack and rig configurations. Compatible with all sizes of Olympic bar with multiple height adjustments.



SQUAT STAND ADJUSTABLE CONNECTING SECTION

2041





FULLY LOADED IMAGE FOR ILLUSTRATION PURPOSES ONLY



BASE UNIT

OLYMPIC PRO POWER RACK

2055

The Exigo Olympic Pro Power Rack exudes quality and robustness, perfect for your lifting needs and a great addition for any gym environment. Incorporating a large internal central zone for user/bench location and variable height J-hooks and safety bars. Integrated chin up bar offers versatility and alternative training options.

Base Units come with J Hooks and Safety Spot Arms as standard.

COMPATIBLE ACCESSORIES

PRO RACK BANG PEG (PAIR) 2070	STANDARD CHINNING BARS 2075	PARALLEL CHINNING BARS 2076	BALL GRIP CHINNING BARS 2077	PRO RACK OLYMPIC STORAGE 2080
DIP ATTACHMENT 2580	3MTR STRAIGHT MONKEY BAR RUN 2670	3MTR INCLINE MONKEY BAR RUN 2675	CORE PLATE 70x70 6015	J HOOK 70x70 (PAIR) 6080
SINGLE LOOP ASSEMBLY RA-3015	INTEGRATED LIFTING PLATFORM 2660 - COMPACT 2665 - STANDARD	45 DEGREE WING 6215 - 32MM GRIP 6220 - 38MM GRIP	10 DEGREE WING 6275 - 32MM GRIP 6280 - 38MM GRIP	

BEYOND BEST







UPRIGHT UTILITY BENCH

2300

Exigo Upright Utility Bench, engineered from high grade steel with fine quality upholstery & optional bespoke upholstery protection wrap. Features angled back pad for comfort and to prevent interference with overhead lifts.



FLAT BENCH

2305

The Exigo Flat bench is suitable for Olympic weight lifting. Low bench height for prime workout position to optimise results and develop the horizontal press muscles. Precision engineered from top grade flat oval steel, with fine grade upholstery.



MULTI ADJUSTABLE BENCH

2310

Robust and durable, the Exigo Adjustable Bench can be used for decline, flat and incline exercises. It will decline to -5 degrees as well as adjusting all the way up to 85 degrees for shoulder pressing, with quick and easy adjustments. Precision engineered with a lifetime frame warranty.





MULTI ADJUSTABLE BENCH (WITH SPOT FEET)

2315

The Exigo Adjustable Bench (with spot feet) can be used for decline, flat and incline exercises. It will decline to -5 degrees as well as adjusting all the way up to 85 degrees for shoulder pressing, incorporating spot feet for safe practise and best form. Precision engineered with a lifetime frame warranty.



MULTI ADJUSTABLE DECLINE BENCH

2320

This Exigo Adjustable Decline Bench is perfect for use with free weights. A must for any gym this bench comes complete with high density foam padded rollers for leg support and a tapered seat pad for hip support. Precision engineered in high grade steel with a lifetime frame warranty.



ADJUSTABLE PRONE ROW BENCH

2325

The Exigo Prone Row Bench features a fully adjustable height pad along with high density foam rollers for support. Wide support legs for added stability and dual position bar catchers. Ideal for strengthening the back muscles.



45 DEGREE HYPER EXTENSION

2335

The Exigo 45 Degree Hyper Extension is manufactured in the UK using heavy grade steel oval section. Made to endure the toughest usage and built to last! The 45 Degree Hyper Extension dual foot rollers ensure correct user angle. Height Adjustable Pad for wide range of users and anti-slip tread walk on base for maximum stability.



GLUTE / HAM DEVELOPER

2340

The Exigo Glute Ham Developer is perfect for performing the glute ham raise, one of the best movements for the posterior chain - lower back, glutes, hamstrings and calves. This bench incorporates a comfortable split pad, adjustable length options to suit all individual users, a low profile frame with step up platform for easy entry/exit, and dual rollers for mid-section & ankle support.



DIPPING FRAME

2345

A heavy duty well-constructed design, the Exigo Dipping Frame has a walk on platform and large diameter handles that help to maintain a stable yet comfortable grip while in use. Suitable for home or gym use and great for strengthening the arms and chest.





WALL MOUNTED DIPPING FRAME

2350

The Exigo Wall Mounted Dipping Frame is a great space saver, suitable for home or gym use and ideal for building the arms and chest. This training station incorporates a walk on platform and large diameter handles to help maintain a stable yet comfortable grip while in use.



SEATED PREACHER CURL BENCH

2355

Perfect for executing bicep curls from a seated position, the Exigo seated preacher curl is a robust piece of gym equipment manufactured in the UK. Heavy grade steel flat oval section, made to endure the toughest usage and built to last. This seated preacher curl features a wide arm pad, adjustable seat height and laser cut chrome bar catchers.



STANDING PREACHER CURL BENCH

2360

Perfect for executing bicep curls from the standing position, the Exigo standing preacher curl is a robust piece of gym equipment, engineered using heavy grade steel, made to battle the rigours of a commercial gym. This standing preacher curl features a wide adjustable arm pad and laser cut chrome bar catchers.



ADJUSTABLE ABDOMINAL BENCH

2365

The Exigo adjustable abdominal bench is very versatile and could be used for flat and decline dumbbell workouts. Complete with high density foam padded rollers for leg support, and a handle to assist users when getting up. This solid frame design is built to withstand the demands of a commercial gym environment.



ADJUSTABLE ABDOMINAL LADDER BENCH

2375

The Exigo Adjustable Abdominal Ladder Bench is perfect for decline workouts, with up to 7 increments it will decline down to - 9 degrees as well as adjusting all the way up to 27 degrees, built using premium components to enable quick and easy adjustments.



LEG RAISE / DIP STATION

2380

Designed to provide an intense abdominal workout while eliminating strain on the lower back, the Exigo Leg Raise / Dip Station is hard to beat when it comes to vacuuming the waistline. This training station features multiple handles, and high grade, comfort upholstery pads.





CHINNING / DIPPING / LEG RAISE STATION

2385

The Exigo Chinning / Dipping / Leg Raise Station is a multi-function training unit which can be used to target the user's pectorals, triceps, deltoids and abdominals. This space saving station is ideal for smaller gyms and training facilities. Complete with comfortable arm and back pads to assist user positioning and a rigid frame to enhance stability.



CHINNING / DIPPING / LEG RAISE STATION (REAR)

2390

The Exigo Chinning / Dipping / Leg Raise Station (Rear) is a multi-function training unit which can be used to target the user's pectorals, triceps, deltoids and abdominals. This compact station allows for multiple users because of the out-facing chinning bar. Complete with comfortable arm and back pads to assist user positioning and a rigid frame to enhance stability.



ABDOMINAL TWISTER

2395

Strong core muscles support your body and make everyday movements more efficient. Strengthen your core with the Exigo Abdominal Twister, a simple device that provides a challenging core workout. Precision engineered in high grade steel with a lifetime frame warranty.

MULTI GRIP CHINNING BAR (WALL MOUNTED)

2400

Heavy duty wall mounted chinning bar with rubber handle grips to ensure maximum grip, comfort and safety when using. The multi grip position offers a variety of workouts for training the chest and arms. Easily attached to any solid brick or stone surface, suitable for indoor or outdoor use.



SQUAT BOX

2405

Squat boxes have been used for years as a great way to learn and execute the squat exercise. Heavy duty construction with high grade upholstered pad. The Exigo Squat Box is adjustable to suit your specific height requirements when squatting. Suitable for home and gym use.





POWER BLOCKS (PAIR)

2410

The Exigo Power Blocks make a great assistant when performing Olympic squat exercises. Engineered using heavy grade steel to battle the rigours of a commercial gym environment.



SISSY SQUAT

2415

Sissy Squats are an effective exercise for developing numerous muscles in the lower body. This station ensures correct technique and positive muscle isolation.



HIP THRUST BENCH

2420

The Exigo Hip Thrust Bench is an exceptional training station to assist glute development, but also activate the hamstrings, quadriceps, and adductors. Whether you're a seasoned athlete or a gym novice this machine will assist you in achieving superior results. Suitable for gyms and training facilities.



Exigo

Exigo-UK

onept
CARET
LIFT UP
INSTRUC. N° 5
TEXT-BOL. XE
SALVO BFC
KUBANA TAP
X 1/2

Dynamax
8kg

ONEBD Series

Reebok
Dynamax
4kg

2.5

0
plan

12

8

STRENGTH & CONDITIONING



Certified
EN ISO 20957 - 1/2/4
EN957 Class SA
ISO 9227



Standard Colour Options - See Page 82



STRENGTH & CONDITIONING

Exigo Performance, Strength & Conditioning offers an extensive yet impressive product portfolio ideal for the modern gym and training facility.

From state of the art elite racks, lifting platforms and accessories to CrossFit essentials.

FEATURES

- Engineered Solid Oak Lifting Platforms
- Wide Range of Training Accessories
- Durable Polyester Powder Coated Finish
- Mainframe & Weld Lifetime Guarantee

ELITE POWER RACK

2500/8
2500/9



BASE UNIT

The Exigo Elite Power Rack is the ultimate station for Olympic weight lifting while in the safety of a fully enclosed rack. This professional Olympic Rack is manufactured with 3.5mm heavy grade 100mm x 60mm steel uprights.

Base units are supplied with J Hooks, integrated Safety Spot Arms, Weight Horns, Band Pegs and a Multi Grip Chin Up Bar as standard for effective strength and power workouts.

Available in 8ft & 9ft heights.

ELITE MULTI RACK

2505/8
2505/9



BASE UNIT

The Exigo Elite Multi Rack is an exceptional station for Olympic weight lifting. The open top design allows for increased range and ease of movement. This professional Olympic Rack is manufactured with 3.5mm heavy grade 100mm x 60mm steel uprights.

Base units are supplied with J Hooks, integrated Safety Spot Arms, Weight Horns, Band Pegs and a Multi Grip Chin Up Bar as standard for effective strength and power workouts.

Available in 8ft & 9ft heights.



ELITE HALF RACK

2510/8
2510/9



BASE UNIT

The Exigo Elite Half Rack is the perfect station for Olympic weight lifting for environments with space considerations. This professional Olympic Rack is manufactured with 3.5mm heavy grade 100mm x 60mm steel uprights.

Base units are supplied with J Hooks, integrated Safety Spot Arms, Weight Horns, Band Pegs and a Multi Grip Chin Up Bar as standard for effective strength and power workouts.

Available in 8ft & 9ft heights.

ELITE POWER + POWER RACK

2515/8
2515/9



Take full advantage of your available space and provide your club members with the lifting environment they deserve. with this impressive combined station.

Various attachments are also available to provide users with incredible and effective workout options.

Available in 8ft & 9ft heights.

ELITE POWER + MULTI RACK

2520/8
2520/9



Take full advantage of your available space and provide your club members with the lifting environment they deserve with this impressive combined station..

Various attachments are also available to provide users with incredible and effective workout options.

Available in 8ft & 9ft heights.

ELITE POWER + HALF RACK

2525/8
2525/9



Take full advantage of your available space and provide your club members with the lifting environment they deserve with this impressive combined station..

Various attachments are also available to provide users with incredible and effective workout options.

Available in 8ft & 9ft heights.



ELITE MULTI + MULTI RACK

2530/8
2530/9



Take full advantage of your available space and provide your club members with the lifting environment they deserve. with this impressive combined station.

Various attachments are also available to provide users with incredible and effective workout options.

Available in 8ft & 9ft heights.

ELITE MULTI + HALF RACK

2535/8
2535/9



Take full advantage of your available space and provide your club members with the lifting environment they deserve. with this impressive combined station.

Various attachments are also available to provide users with incredible and effective workout options.

Available in 8ft & 9ft heights.

ELITE HALF + HALF RACK

2540/8
2540/9



Take full advantage of your available space and provide your club members with the lifting environment they deserve, with this impressive combined station.

Various attachments are also available to provide users with incredible and effective workout options.

Available in 8ft & 9ft heights.

ELITE FREE STANDING SQUAT STANDS

2115



Base Unit

The Exigo Olympic Elite Free Standing Squat Stands offer complete versatility for any gym or training facility.

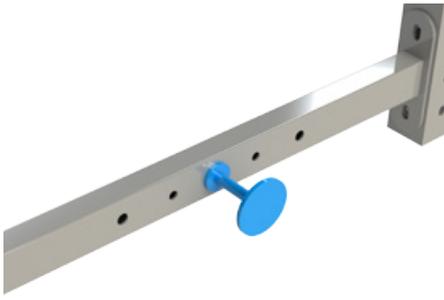
Can be used with all elite accessories. 100 x 60 uprights with multiple position heights for J Hooks and Safety Spot Arm placement.





onePT
CIRCUIT
CLEAN TO RACK
REB GRIPERS
TO LOW SUMP
PULLER FOR
SHELL ALL
POWER-LIFT
RACK UP
STANDARD
SQUAT

onePT
Exipoint



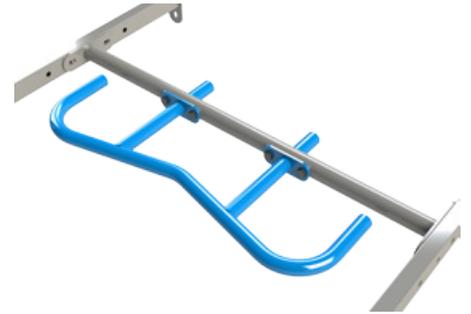
PRO RACK BAND PEG (PAIR)
2070

The perfect attachment to provide additional resistance band training options.



STANDARD CHINNING BARS
2075

Ideal attachment to perform pull ups.



PARALLEL CHINNING BARS
2076

An excellent attachment to increase exercise options, the Parallel Chinning Bar is used to for perform chin ups and body weight based training.



BALL GRIP CHINNING BARS
2077

The Ball Grip Chinning Bar is an excellent addition to increase exercise options, suitable for performing pull ups and body weight based training.



PRO RACK OLYMPIC STORAGE
2080

Allows for convenient storage of weight plates on the Exigo Pro Power Rack.



J HOOK (100x60) (ELITE)
2560

J Hook's are essential for safe lifting and bar protection. Designed for Exigo Elite Olympic Racks.



DOUBLE J HOOKS (ELITE)
2565

Precision dual sided J-hooks designed for Exigo Elite Racks and for use with Olympic bars to allow lifting from both sides.



FRONT SAFETY SPOT ARMS (ELITE)
2570

Recommended addition for safety when using Olympic bars. Heavy duty construction and multiple height options to meet requirements.



SCOOP ATTACHMENT (ELITE)
2575

Supplied with large raised edge cradles to support bumper plates during Olympic lifting and prevent roll off.





DIP ATTACHMENT (PRO / ELITE)

2580 - PRO RACK | 2581 - ELITE RACK

The versatile dipping attachment offers a heavy duty construction with oversized comfort grip handles and multiple height options to perform dips.



CORE PLATE (ELITE)

2585

A must have to maximise your training regime. For use with Olympic bars, the core plate allows a full range of movement to aid core development, strength & stability.



UPPER BAND PEG (ELITE POWER)

2590

Ideal attachment for resistance bands – perfect for reverse band work. Can be used to hang chains and other accessories.



UPPER BAND PEG (ELITE MULTI / HALF)

2595

Ideal attachment for resistance bands – perfect for reverse band work. Can be used to hang chains and other accessories.



STORAGE HOOKS (ELITE)

2600

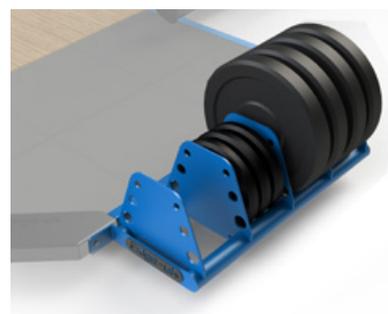
Keep your training accessories stored safely.



CHALK BOWL (LIFTING PLATFORMS)

2605

Compact with 2 Litre bowl. Attachment to fit all lifting platforms



WEIGHT TOAST RACK (PAIR)

2610

Available as attachment to racks/platforms. Sturdy design to store up to 8 x Olympic plates.



STANDARD PLAIN JOINING BAR (ELITE)

2630

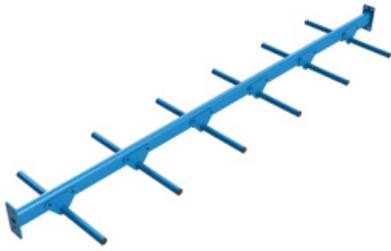
The Standard Joining Bar is an integral part of Exigo Elite Racks. Designed to strengthen the main frame.



PRONE BENCH ATTACHMENT (ELITE POWER / MULTI)

2635

The Prone Bench Attachment creates a flat bench lifting station within the safety of your Rack.



3MTR STRAIGHT MONKEY BAR RUN (PRO / ELITE)

2670 - PRO RACK | 2680 - ELITE RACK

Make the most of the leftover space by combining your racks with a monkey bar run for further body weight training options.



3MTR INCLINE MONKEY BAR RUN (PRO / ELITE)

2675 - PRO RACK | 2685 - ELITE RACK

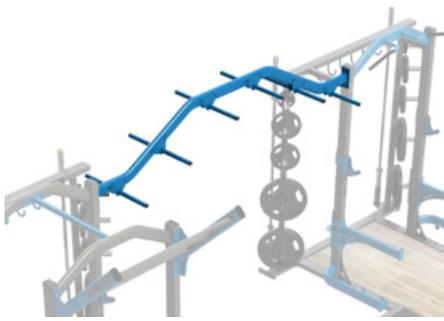
Make the most of the leftover space by combining your racks with a monkey bar run for further body weight training options.



ELITE SPOTTER FOOT PLATE ATTACHMENT

2686

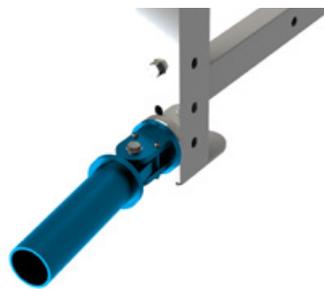
The Elite Spotter Foot Plate Attachment provides a safe spotting area to assist Olympic lifting.



CUSTOM SIZE MONKEY BAR RUN (PAIR)

2690

Create a dedicated functional training area between racks with a Custom Size Monkey Bar Run.



FUNCTIONAL CORE PLATE (70x70)

6015

A must have to maximise your training regime. Easy bolt on fixing to racks to provide rotational exercises and presses.



J HOOK (70x70) (PAIR)

6080

Precision J-hooks designed for Exigo Elite Racks and for use with Olympic bars. Heavy duty plastic core provides ultimate barbell protection.



45 DEGREE WING

6215 - 32MM GRIP | 6220 - 38MM GRIP | 6225 - 48MM GRIP

The 45 Degree Wing adds additional training options to your rack such as body weight and suspension training.



10 DEGREE WING

6275 - 32MM GRIP | 6280 - 38MM GRIP | 6285 - 48MM GRIP

The 10 Degree Wing adds additional training options to your rack such as body weight and suspension training.





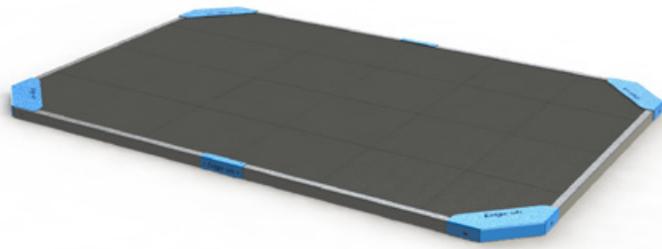
LIFTING PLATFORMS

Exigo offers a variety of lifting platforms, all of which are built to withstand the rigours of any gym or training facility and provide a dedicated space for Olympic lifting.

Our oak centred platforms are beautifully crafted using a solid oak centre, heavy duty rubber sections and a steel surround. This all helps to keep footing firm, so that the user can lift a variety of weights confidently, whilst providing ultimate protection against gym flooring. Oak platforms can be customised with corporate identity and are triple layered with industrial grade lacquer to aid longevity.

Our rubber platforms are strong, durable and suitable for heavy commercial gym use. The rubber surface is shock absorbing, resulting in less wear and tear on the equipment.

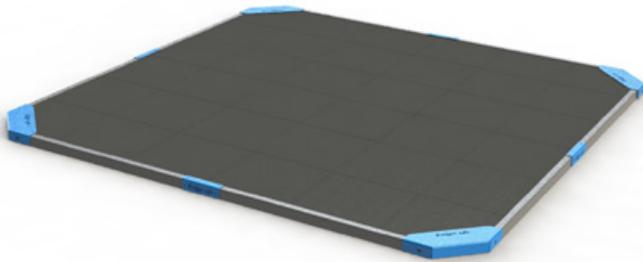
All lifting platforms must be positioned on a solid and level surface. Custom sizes available POA.



3x2 PLATFORM (60MM) (RUBBER CENTER)
2250



3x2 PLATFORM (OAK CENTER)
2255 (60MM) / 2256 (100MM)



3x3 PLATFORM (60MM) RUBBER CENTER
2260



3x3 PLATFORM (60MM) (OAK CENTER)
2265



2X1 OAK INSERT
2281 (30MM) | 2282 (40MM) | 2283 (56MM)



HALF RACK OAK INSERT
2284



3x1 OAK INSERT
2285 (30MM) | 2290 (40MM)





INTEGRATED PLATFORM ELITE HALF (OAK CENTER)

2650 - COMPACT | 2655 - STANDARD

For use with Exigo Elite Half Racks.
Available in compact and standard sizes.



INTEGRATED PLATFORM ELITE POWER / MULTI (OAK CENTER)

2658 - COMPACT | 2659 - STANDARD

For integration with Exigo Elite Power / Multi Racks.
Available in compact and standard sizes.



INTEGRATED PLATFORM PRO POWER RACK (OAK CENTER)

2660 - COMPACT | 2665 - STANDARD

For integration with Exigo Elite Pro Power Racks.
Available in compact and standard sizes.



BAND PEG ATTACHMENTS (NOT AVAILABLE FOR INTEGRATED)

2275

For use with with Exigo Lifting Platforms, the Band Peg Attachment allows resistance bands to be fitted to bars for use with dead lifts. Not available for integrated



PLATFORM BESPOKE BRANDING

2280

We offer custom branding on our oak center lifting platforms ideal for displaying your company logo.

We offer central or offset position options.



Exiga

Exiga

Exiga

STOP
WORK
START
DREAMS

Reebok

Jordan

20

20

ROPE

MATT

STORAGE



Certified
EN ISO 20057 - 1/2/4
EN957 Class SA
ISO 9227



Standard Colour Options - See Page 82



WEIGHT & BAR STORAGE

One of the biggest challenges fitness clubs face is space. The new storage solutions from Exigo provide opportunities to safely house weight plates, dumbbells, kettlebells, medicine balls and other ancillary items.

FEATURES

- Full Storage Solutions
- Durable Polyester Powder Coated Finish
- Mainframe & Weld Lifetime Guarantee



PRO 2 TIER Dumbbell RACK

4005 - 2.5m (10 Pairs) 4025 - 3m (12 Pairs)

Space saving contemporary design with durable epoxy powder coated finish. Fitted with saddles for correct weight location and to prevent damage to dumbbells. For use with all dumbbells, urethane and rubber in particular. Available in 2.5m and 3m.



PRO 3 TIER Dumbbell RACK

4015 - 2.5m (15 Pairs) 4035 - 3m (18 Pairs)

Space saving contemporary design with durable epoxy powder coated finish. Fitted with saddles for correct weight location and to prevent damage to dumbbells. For use with all dumbbells, urethane and rubber in particular. Available in 2.5m and 3m.



OLYMPIC WEIGHT TREE

4040

Designed to store all sizes of Olympic plates safely. An essential for any free weight area.





OLYMPIC WEIGHT TREE WITH BAR STORAGE

4045

Designed to store Olympic plates and bars safely. An essential for any free weight area.



OLYMPIC BUMPER PLATE WEIGHT TREE (12 POINTS)

4046

Designed with 12 storage points to house Olympic plates safely. Perfect for any free weight area.



FREESTANDING CHALK BOWL

4047

A compact design complete with a 2 litre capacity bowl to minimise chalk spillage.



OLYMPIC WALL STORAGE 3 PIN

4055

Wall mounted storage solution for Olympic plates.



OLYMPIC BAR HOLDER

4060 - 4 Bars 4065 - 6 Bars

Robust heavy duty design to store up to 4 Olympic bars.



HORIZONTAL WALL GUN RACK

4070 - 3 Bar 4071 - 6 Bar

Wall mounted stylish rack for safe storage and easy access.





VERTICAL WALL GUN RACK

4072 - 3 Bar
4073 - 6 Bar

Wall mounted stylish rack for safe storage and easy access.



5 BAR BARBELL RACK SINGLE SIDED

4075

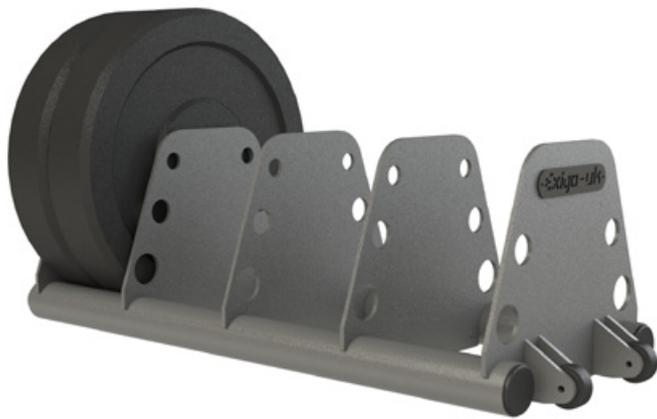
Single sided space saving design allows up to 5 barbells to be correctly stored.



10 BAR BARBELL RACK DOUBLE SIDED

4080

Stable and durable double sided design allows for up to 10 Barbells to be stored.



OLYMPIC PLATE TOAST RACK

4085

Keep your Olympic Plates safely and conveniently stored.



OLYMPIC WEIGHT STACKER

4090 - With wheels

4091 - Feet only

Stack and store Olympic plates conveniently.
Available with or without wheels.



CUSTOMISATION OPTIONS

Here at Exigo we pride ourselves on being able to offer a comprehensive variety of customisation options. Choose from a range of standard primary & secondary colours, or alternatively if you a specific colour, Exigo would be able to match those requirements.

We offer 13 standard upholstery colours to choose from with the option of custom upholstery branding protection wraps. Other colours are available on request.

All our equipment is designed & manufactured in our UK factory giving us complete control over products, this allowing us to engineer custom frame sizes and requirements to fit your individual needs.

Our team of designers can produce a full 2D/3D concept gym design to bring all your ideas to life and help you realise your facilities full potential.

BRANDING OPTIONS

Why not customise your equipment with your club, gym or organisation logo?
Branded upholstery protection wraps can be included along with customisation of weight stack shrouds on certain selectorized machines.

SECONDARY COLOUR

Secondary colour is the colour for moving parts or joining arms for your machine. This gives a nice colour contrast on your machine. Our secondary colours offer a textured finish which we recommend for increased grip on bars and grip points. Choose this from any of our range of premium flat or fine textured colours.

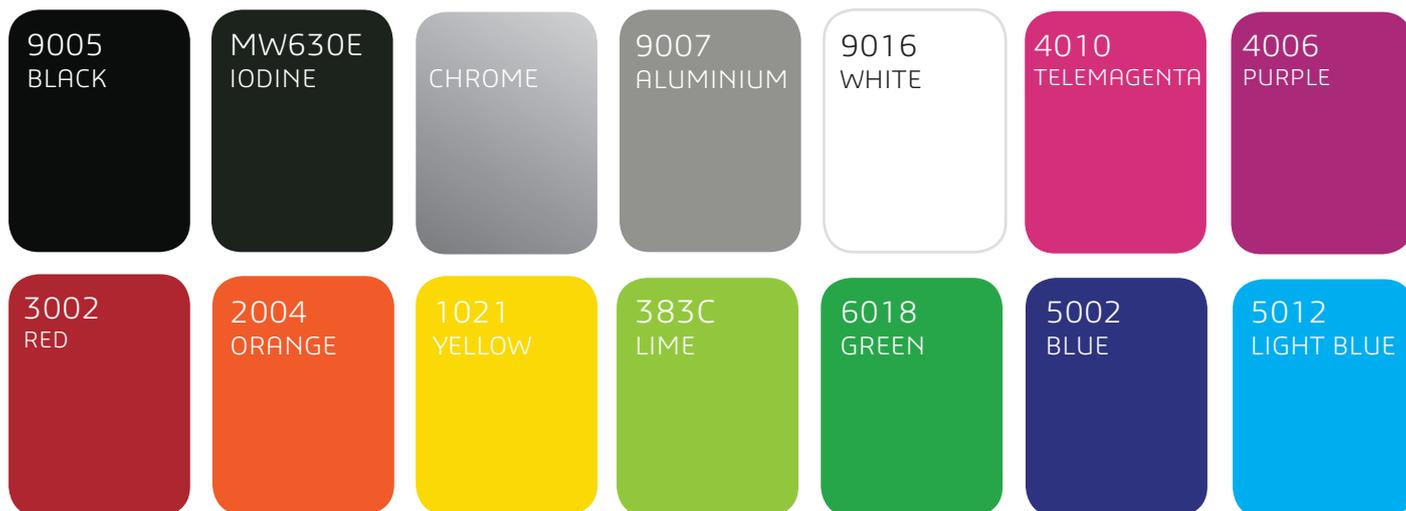


PRIMARY COLOUR

Primary colour is the main frame colour for your machine. Choose this from any of our range of premium flat or fine textured colours.

PREMIUM FLAT FINISH COLOURS

We offer 20 standard frame colours to choose from.
Other colours available POA



PREMIUM FINE TEXTURE FINISH COLOURS



PREMIUM UPHOLSTERY OPTIONS

We offer 13 standard upholstery colours to choose from.
Other colours available POA



PLEASE NOTE ACTUAL COLOURS MAY VARY SLIGHTLY FROM VISUALS.

GYM DESIGN SERVICE

Here at Exigo we pride ourselves on being able to offer a unique and comprehensive facility design service.

Help us understand your plans and we will guide you step by step through your gym design. We will help you achieve your business goals, meet your equipment and also budget requirements.

Following the initial consultation we are able to create professionally rendered visualisations to bring any ideas or concepts you have to life.

Our aspirations to collaborate with clients are second to none.

We support our customers throughout their entire journey, from their initial thoughts to the finished project.

We work tirelessly to understand how we can best deliver their vision and ensure each and every one receives an unrivalled service.

CONCEPT DESIGN



REALITY



PROJECT: ABSOLUTE BODY SOLUTIONS



"Blown away from start to finish! I was first attracted to Exigo equipment due to the sleek look and design of the equipment. After the first phone call, I knew this company where at a level above the competition. After discussing my needs it soon became apparent that the team at Exigo far exceeded any of my expectations.



CHALLENGE

To find a brand of equipment that would meet my very exacting requirements based upon Absolute Body Solution's reputation on results. Continuing to provide amazing transformations with all of our clients. We've trained professional footballers, professional boxers, Paralympic athletes, WAGs and professional businesspeople with busy, hectic lives.

SOLUTION

After discussing my vision with the Exigo team, it became instantly apparent that these guys went way above the level of service I expected, not only meeting me in person but also arranging a gym visit to see and test the kit at a time to suit me. You could see the quality difference straight away. The machines not only look amazing but there function provides smooth operation with great design and biomechanics."

WARRANTY

All EXIGO products are warranted to be free from defects in materials and workmanship. EXIGO warrants to the original purchaser of all new equipment purchased from an EXIGO authorized dealer or from an EXIGO manufacturing contractor or directly from EXIGO, that these products be warranted under normal use and used in a manner in which the product(s) was specifically designed for, used as intended and in areas designed suitable for that use and service. The shipping of parts replaced or product replaced under warranty to be determined by

SCHEDULE OF WARRANTIES:

Strength, Selectorized, Plate Loaded, Olympic Stations, Strength and conditioning / storage, Functional, Crossbox range and

- LIFETIME WARRANTY - Frame components, structural steel and welds
- TWO YEAR WARRANTY -, Linear Bearings, Linear Shafts , Bronze Bushings, Sealed Rotating Bearings and Pulley Wheel, Top plate, weight plates, selector shaft, weight stack guide rods and pulley wheel housings. lifting rack attachments, , functional rig attachments and all rack attachments in Olympic series
- ONE YEAR WARRANTY – Spring loaded pins , selector pin cables and cable parts, handles , end caps, Rubber lifting mats (within integrated lifting platforms , rubber surface tiles, oak centres and lifting platform underboards and all other components not mentioned elsewhere in this warranty.
- 180 DAY WARRANTY - Normal parts of wear including but not limited to labels, upholstered pads, excluding wear , wraps and embroidery

EXCLUSIONS, OMISSIONS AND INDEMNITY

EXIGO have no liability nor shall this limited warranty apply with respect to:

- Products not manufactured by EXIGO or by an authorized EXIGO manufacturing contractor
- Products which have been altered without express written consent from EXIGO
- Products purchased other than directly from EXIGO or through an authorized EXIGO dealer
- Defective coatings caused by environmental conditions including but not limited to climate conditions, cleaning materials and lubricants not specified by EXIGO and moisture or humidity including perspiration.
- The defect occurs as a result of use other than fair wear and tear, wilful or negligent damage or the use of the product other than the purpose for which it is intended.
- Products not maintained in compliance with EXIGO specifications shown in the relevant owner's manual and on product labels. Unreadable or altered serial tag.
- *Mounting surface or substrate mounting of Exigo wall mounted units, sections or attachments. Exigo is expressly indemnified against selection of; or use of fixings for wall units or attachment to or fixing to inappropriate or inadequate surface mounting points.*

EXIGO shall not be liable for any special, incidental contingent, consequential damages or otherwise arising out of or in connection with a claim for any economic losses including but not limited to damage of loss of property or equipment and loss profits and revenue , loss of goodwill or reputation , anticipated or otherwise. EXIGO aggregate liability for loss or damage shall in any event be limited to a sum equal to the amount paid for the products in one instance.

EXIGO reserve the right under any claim to repair or replace the product as they deem fit and may elect.

Please Note:

Warranty period starts from day of delivery. This warranty does not extend to defects caused by neglect or misuse.

All information, descriptions and illustrations throughout the brochure are accurate at the time of print/issue.

Exigo-UK reserve the right to make changes to its product designs and specifications where necessary.

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strengthshop.ch

strengthshop.ch
info@strengthshop.ch

Schweiz:
061 821 16 56

Gsundheitshüttä GmbH
Hauptstrasse 90
4133 Pratteln

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